

REPORT TO:	HEALTH AND WELLBEING BOARD (CROYDON) Wednesday, 16th July 2014
AGENDA ITEM:	11
SUBJECT:	Croydon Integrated Mental Health Strategy for Adults 2014-19
BOARD SPONSOR:	Paula Swann, Chief Officer, NHS Croydon CCG and Hannah Miller, Executive Director of Adult Services, Health and Housing

CORPORATE PRIORITY/POLICY CONTEXT:

Producing a local Joint Strategic Needs Assessment (JSNA) has been a statutory requirement since 2008. The Health and Social Care Act 2012 has reinforced the importance of JSNA in informing local commissioning decisions and given responsibility for the JSNA to health and wellbeing board members. Local authorities and Clinical Commissioning Groups are required to collaborate to produce a Joint Strategic Needs Assessment (JSNA).

Croydon's 2012/13 Mental Health JSNA comprised of an overview chapter identifying common themes and further chapters focused on depression and schizophrenia, with a recommendation that a mental health strategy be developed.

The aim of the integrated mental health strategy is to create a shared transformational vision for mental health service provision in Croydon in the next 5 years. This Integrated Mental Health strategy for working age adults should be seen in close alignment to the strategy for children and young people's emotional well-being and mental health 2014-2016 and the work of the Mental Health for Older Adults (MHOA) service re-design project, which is taking forward recommendations from the Dementia Strategy and the current review of older adults mental health services in Croydon. There are also strong links with substance misuse services.

The strategy outlines the fact that mental ill-health has a number of socio-economic determinants including e.g:

- ◆ Worklessness
- ◆ How we are treated at work
- ◆ Debt
- ◆ Poverty
- ◆ Inadequate housing
- ◆ Immigration status

In turn we know that mental health has a broad impact across many aspect of society, not only health and social care services, but also on, education and employment and criminal justice including, police. The strategy covers the years 2014– 2019, in line with the Clinical Commissioning Group (CCG) 5 year strategy and the Council's forward plans for 2015-18.

1. RECOMMENDATIONS

The Health & Wellbeing Board is asked to discuss and comment on the draft Integrated Mental Health Strategy for adults including the proposed outcomes in each of the four key chapters

2. EXECUTIVE SUMMARY

- 2.1. This document sets out the Croydon integrated mental health strategy for adult mental health which is mainly focused on the needs of adults of working age. The strategy covers the financial years 2014 – 2019, in line with the CCG's 5 year strategy, and the Council's plans for 2015-18.
- 2.2 We are taking measures to cater for increased demand, ensuring timely access to the most appropriate services for patients and more robust pathways that are effective in delivering end to end care including prevention and social care needs.
- 2.3 Therefore the aim of the integrated mental health strategy is to create a shared transformational vision for mental health service provision in Croydon in the next 5 years. It is recognised that this strategy is been developed in the context of significant local and national challenges including:
 - ◆ An increasing demand for mental health services (led in part by demographic changes and population growth), which has led to significant pressures on inpatient beds for Croydon's population.
 - ◆ A challenging environment in terms of financial resources available to commissioners
 - ◆ A service system that is imbalanced with a significant number of people in secondary care in the community that could be better managed in primary care, and an over reliance on inpatient provision.
 - ◆ A low baseline for community services e.g. Improving Access to Psychological Therapies (IAPT) services.
 - ◆ A need to develop further health and social care integration with the aim of promoting a whole person approach
- 2.4 By taking forward service re-design we plan not only to meet our financial challenge, but to raise the quality of the services we commission, and improve patient experience by ensuring that mental health problems are dealt with early and within non stigmatising environments.
- 2.5 For completeness and to understand the broader context in which people live their lives, it also references the strategic priorities for older adults with mental illness and with dementia. This adult's strategy should also be seen in close alignment to the strategy for children and young people's emotional well-being and mental health 2014 – 2016.

2.6 The draft document outlines:

- ◆ The national context for mental health and the vision for mental health services in Croydon.
- ◆ An overview of the local context including service provision.
- ◆ Local commissioning intentions
- ◆ The local financial context.
- ◆ How we intend to re-design services to make them more effective and efficient and the priority actions we will progress

3. DETAIL

3.1 Key messages and issues:

- ◆ A focus on building resilience in individuals and communities to support people with their own mental health and wellbeing
- ◆ Invest in more in prevention to prevent mental health problems occurring, or when they do to enable people to make a good recovery
- ◆ The need to address the wider determinants of mental health e.g., worklessness, debt, poverty, inadequate housing, immigration status
- ◆ The need for improved pathways in primary and community care
- ◆ A need to reduce spend on acute inpatient services and to develop a wider range of community based options
- ◆ A need to improve access for BME groups and the range of services available
- ◆ Better support for people in community settings including strengthening the role of the voluntary sector

3.2 Mental health and wellbeing affects almost every part of a person's life. It has an impact on physical health, health behaviours, employment, education and quality of relationships with friends and family.

3.3 Mental health problems are common. One in four people will experience at least one mental health condition at some point in their life. They can affect anyone in Croydon, regardless of age, race, gender or social background, although some groups have a higher risk of mental disorder and lower levels of well-being. Mental ill health is the single largest source of disease burden, more than cancer and cardiovascular disease, and the costs extend well beyond health and social care.

3.4 One of the central priorities for the future is that primary care needs to be the main setting for supporting people with mental health problems. Evidence in Croydon suggests that currently a relatively high number of people with mental health problems are managed in secondary care, which is neither cost effective or in keeping with the vision to provide care in the least intensive setting. Services will need to ensure people are supported adequately at an earlier stage, reaching a 'crisis point' is avoided and people are supported to take a more active role in their own care.

3.5 Efforts to prevent mental health problems developing and to treat and support those with mental illness are enhanced through a focus on prevention and early intervention, through enabling our communities to develop resilience and through partnership working. The burden of mental ill health can be reduced through strong partnerships with agencies such as children's services, the

criminal justice system, services that help people to manage their long term physical health conditions, substance misuse services and in the statutory and voluntary sector.

- 3.6 It is essential that people with mental health problems are supported to manage mental health problems effectively, live a full life and work towards achieving their own goals and aspirations. Personalisation plays a key role in giving people greater choice and control, with all new packages of council-funded social care in Croydon's Integrated Adult Mental Health Services now being provided through Self-Directed Support, often with Direct Payments. Information, advice and support around wider issues such as housing concerns, employment and training issues and opportunities and the impact of welfare reform also contribute to helping people to maintain health and wellbeing and quality of life.
- 3.7 This document sets out the Croydon integrated mental health strategy for adult mental health which is mainly focused on the needs of adults of working age. The strategy is structured around the themes within the Department of Health (DoH) strategy 'Closing the GAP' and each section includes a summary of the priority outcomes for Croydon, main findings from the JSNA and key service user and stakeholder perspectives. A detailed workplan will also be developed to set out the work that Croydon CCG and social care commissioners will take forward.

4. CONSULTATION

- 4.1 Key stakeholders including service users and carers have been engaged comprehensively in the development of this strategy. Details of the specific meetings which have taken place, and the key themes emerging for the stakeholders, are set out in Appendix 2.
- 4.2 A workshop for members of the Mental Health Partnership also took place recently for them to feedback on progress for development of the strategy and to reconfirm that the CCG and Council would need their continuing support in terms of effective implementation.

5. SERVICE INTEGRATION

- 5.1 This strategy has been developed from the outset as an integrated strategy for Croydon, involving not just the CCG and the Council but the wider community of local stakeholders. In particular it has drawn on the experience of service users and family carers to ensure that their views on effective service integration have been taken into account in delivering good outcomes for individuals.

6. FINANCIAL AND RISK ASSESSMENT CONSIDERATIONS

- 6.1 In 2013/14 the CCG and Croydon Council together spent around £60m directly on mental health service for adults of working age (detailed in the financial resources section £46.9 for the CCG and £12.3 for the council). The overall strategic aim is to strengthen prevention and early intervention services and to commission a broader range of services in the community. Investment in these types of services can be more cost effective with better outcomes for users of mental health services.

6.2 As is well known health and social care will have less money to spend on all service provision over the coming years, including on mental health. All this points to a need to do things differently. However the implementation of the strategy requires some significant service redesign and to support this the CCG has made significant investment to meet current service pressures and to redesign services to achieve improved outcomes for patients and associated service efficiencies.

7. LEGAL CONSIDERATIONS

7.1 Not applicable

8. HUMAN RESOURCES IMPACT

8.1 There are no staffing issues arising directly from this report.

9. EQUALITIES IMPACTS

9.1 An Equality Impact Analysis for the strategy is included as Appendix 5. A detailed workplan will be developed for implementation of the strategy and therefore the equality impact analysis will be reviewed and updated alongside this in order to ensure that any potential equality impacts are identified and responded to as appropriate.

10. ENVIRONMENTAL IMPACT

10.1 Not applicable

11. CRIME AND DISORDER REDUCTION IMPACT

11.1 Whilst there are no direct links the strategy does reference the Mental Health London Street Triage Service, an initiative that seeks to improve outcomes for people experiencing mental health problems through services working with a shared commitment to ensure the person in crisis gets the proper level of care in the right environment. Croydon Council will work with partners from SLAM, Police, London Ambulance Services and the voluntary sector ensure there is a local agreement to support this national policy

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BACKGROUND DOCUMENTS: None